

# NEW! Foote Field 5's Leagues

**What are they?** The Foote Field 5's are new 5-on-5 sport leagues played on indoor turf throughout the winter. Leagues are available for the following sports: indoor soccer, ultimate frisbee, flag football, and touch rugby.

**Who can play?** Anyone can play! You do not need to be a U of A student to be eligible. All you need is photo ID, and if you're under the age of 18 you must have an informed consent form completed by a parent or guardian.

**Where are they played?** All games are played on the indoor turf at the Dome at Foote Field. Registration includes free parking!

**When are games?** Games are 45 minutes in duration, and take place Wednesdays between 7:15pm and 10:15pm.

**How long is the season?** The regular season runs from January 16 - March 6 (bye week on February 20), followed by playoffs.

**How can I sign up?** Visit [uab.ca/intramurals](http://uab.ca/intramurals) to register; registration is \$567 for a team, \$77 for a Free Agent.

**How can I help spread the word?**

- Print and post attached posters
- Like and share Facebook posts from [UAlbertaRec](#)
- Forward this to others who are interested